Home Phototherapy Treatment Log: NB UVB

This form was developed by dermatologist Kristina Callis Duffin MD for use by practitioners prescribing Narrowband UVB Home Phototherapy. Dr. Callis Duffin is a member of the Medical Board of the National Psoriasis Foundation.

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Authorized Distributor

Patient Name_____

Date	Treat-ment Number	Dose in mJ/cm^2	Time	Comments (Record any problems such as itching, severity or location of any burning, technical difficulties, reasons for gaps in treatment, etc.)	Redness (0-3)*	Severity (0-10)**
1-1-16	1	400	1:41	No burn, slight itching after treatment.	0	4

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This form has been approved by the National Psoriasis Foundation

*** Redness Rating:**
0 = None
1 = Light Pink
2 = Pinkish Red
3 = Red

**** Disease Severity Rating:**
Patients, please rate your skin condition on a scale of 0 - 10 where 0 is completely clear and 10 is the worst it has ever been.